

## **A stepping stone into coaching**

The assistant instructor (AI) award provides recognition for the 'in-house' training given to experienced sailors intending to qualify as RYA dinghy, keelboat or multihull instructors.

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The AI is a competent small boat sailor who has been trained to assist instructors in teaching sailing up to the standard of the Level 2 or Stage 3 courses. They must work under the supervision of an RYA senior instructor (SI) or the chief instructor of a keelboat training centre.

As the AI's training is limited to assisting qualified instructors and does not include first aid or powerboat handlings, AI's must never be allowed to work without direct supervision.

### **Eligibility**

Candidates must hold on of the National Sailing Scheme advanced modules and have the recommendation of their centre's Principal.

### **Training**

Training and assessment are conducted by the Principal or chief instructor of the training centre who holds a valid RYA SI certificate. The training may be based on a 20 hour course covering the RYA teaching methods for beginners (from RYA book G14). Candidates will be assessed on their teaching ability with beginners. Successful candidates will have their logbook signed and will be awarded the AI certificate by their Principal.

### **Certificate Validity**

The AI certificate is valid only at that centre for five years.

To find out more about becoming an Assistant Instructor, please contact your local training centre.