

RYA West Midlands Regional Training Fleet

RYA West Midlands has 12 dinghies available to hire for training - both sets of boats are on a road trailer. All hire charges include VAT.

ALL FEES ARE PAYABLE IN ADVANCE

A quick e-mail or phone call to establish availability before proceeding with a booking request is advisable.

Optimists

Located at – Brookvale & Sparkhill SC,
Erdington, Birmingham

Hire charges - 6 x boats at £65 per day,
£130 per weekend or £260 per week

Contact - Paul Holmes on 07736 597321 or
email paul.holmes@rya-online.net

Toppers

Located at – Brookvale & Sparkhill SC,
Erdington, Birmingham

Hire charges - 6 x boats at £65 per day,
£130 per weekend or £260 per week

Contact - Paul Holmes on 07736 597321 or
email paul.holmes@rya-online.net

RYA WEST MIDLANDS REGIONAL COMMITTEE

Welcome From the Chairman 2009 was a truly memorable year for RYA West Midlands as we witnessed some outstanding individual and team efforts and achievements in continuing to successfully promote boating throughout the region.

With the diary already packed for 2010, this year promises just as much excitement and cause for celebration. Whether your interest lays in dinghy racing or yacht cruising, jet-skiing or windsurfing, powerboating or inland waterways, the West Midlands – encompassing the counties of Herefordshire, Worcestershire, Warwickshire, Shropshire, Staffordshire, Birmingham and the Black Country - caters for all tastes and levels of experience from complete beginner to hardy seadog. Through its wide range of grassroots initiatives and training activities the RYA aims to make getting out on the water as simple as possible with enjoyment at the forefront of everything we do. After all we want you to keep coming back to the sport we love and if it is not fun we know we will lose you. Take the time to digest this handbook and see what we can do for you. There are plenty of contact details and website addresses inside so that whatever questions you may still have, the answers lay just a phone call or a mouse click away.

Thanks for your interest in boating in the West Midlands - we look forward to seeing you in the future.

Bob Holmes (RYA West Midlands Chairman)

Role of the RYA West Midlands Executive Committee

The committee plays an important part in helping RYA affiliated clubs and personal members with their boating queries. It keeps an eye on local legislations and developments, which may impact on the boating community including such matters as access, planning and bye laws. The two-way relationship with RYA headquarters in Southampton ensures the right responses are made to consultation while also bringing local issues to national attention.

RYA West Midlands Executive Committee meetings are held at a variety of locations around the region.

2010 meeting dates - Monday 21 June (TBC),
Thursday 30 September - Officers' election (TBC),
Tuesday 14 December (TBC)

Chairman: Bob Holmes
Address: 98 Brandwood Road, Birmingham, B14 6BT
Phone: 0121 444 2607
Email: ryawm-bob@hotmail.com

Vice Chairman: Mike Kelly
Address: 2 Saredon Road, Snareshill, Near
Wolverhampton WV10 5LV
Phone: 01922 412877
Email: N/A

Secretary: Terry Hand
Address: 96 Whitestone Road, Nuneaton, CV11 4SY
Phone: 02476 386108
Email: terry.hand1@btinternet.net

Treasurer: Michael Wigley
Address: Tudor Lodge, Lower Way, Upper Longdon,
Near Lichfield, WS15 1QG
Phone: 01543 493387
Email: mj.wigley@virgin.net

Offshore Cruising Panel Representative:
Ken Tomlinson
Phone: 0121 693 7177
Email: kentomlinson@blueyonder.co.uk

Environmental Committee Representative:
Rick Glover
Phone: 01788 573532
Email: rzglover@waitrose.com

Race Management Co-ordinator: David Hopkins
Email: dt.Hopkins@ntlworld.com
Phone: 02476 327971

Regional Rules Advisor: Nadina Lincoln
Email: nadina.lincoln@tiscali.co.uk
Phone: 01623 882909

**RYA Regional Development
Officer for the West Midlands
GARETH BROOKES**
Email: gareth.brookes@rya.org.uk
Mobile: 07876 330136

Gareth's role is to work with RYA affiliated clubs and recognised Training Centres to develop regular participation in sailing and windsurfing, promote best practice in volunteer management and maintain and improve standards of safety and training at all the RYA Training Centres.

This involves working on the following key areas:

- Club and Training Centre development
- RYA recognition / instructor training / conferences
- OnBoard, the RYA's grassroots sailing and windsurfing initiative

Gareth works closely with clubs and centres throughout the West Midlands to oversee the development of a strong volunteer base and improvement of facilities while also building partnerships with other clubs, centres, schools and community organisations.

RYA High Performance Manager for the West Zone

CHRIS BLACKBURN

Email: chris.blackburn@rya.org.uk

Mobile: 07909 994637

Chris works to ensure opportunities exist for young dinghy sailors and windsurfers to move into racing. He helps sailors identified as having potential hone their skills in the RYA West Zone squad and plays a key role in feeding sailors into the RYA's World Class racing programmes.

Chris works closely with Junior Class Association Regional Reps to establish comprehensive and local winter and spring open race training and facilitates and manages an annual coach recruitment and development strategy in partnership with the RYA.

Through the Volvo RYA Champion Club programme, Chris assists those clubs who wish to make a recognised commitment to introducing more young people to racing whilst also supporting their ongoing club development.

RYA TRAINING

What is RYA Training?

For all ages, abilities and goals, RYA qualifications are known and respected the world over. The RYA delivers more than 100 courses to professional and recreational boaters, which are right up-to-date regards safety issues, regulations, and emerging trends whether a beginner looking for a Dinghy taster course, someone wanting to take advanced powerboating qualifications or an individual wishing to become an instructor, trainer or coach themselves. There are more than 50 RYA Training Centres across the West Midlands region

RYA Centre Inspections

All inspections are allocated at the beginning of the calendar year to the team of Inspectors with the hope of all inspections being completed by the end of August. If you have not heard from your Inspector by May, please contact Gareth Brookes

Instructor Training

For details of Dinghy, Windsurf and Powerboat Instructor courses running in the West Midlands please e-mail Gareth Brookes or check out the RYA West Midlands website at www.ryawm.co.uk Courses can be run at your own club or centre by arrangement with Gareth. Any club or centre wishing to run an Instructors' course in any discipline, please contact Gareth first to check it is ok and later supply dates, venue and details of both the Coach / Trainer running the course and the Moderator

Becoming a Coach or Trainer

If you would like information on how to become a Powerboat Trainer, Windsurf Trainer or Dinghy Coach contact Gareth Brookes to discuss pre-requisites / pathways and timescales for applications.

ONBOARD

What is OnBoard? (www.ruob.co.uk)

OnBoard is the RYA's grassroots initiative to introduce more young people to sailing and windsurfing and encourage them to stay in the sport.

There are nine OnBoard clubs across the West Midlands all run with the same goal – to have lots of fun while learning new sailing skills. Most OnBoard clubs meet weekly between April/May to September/October. Every season each region hosts a number of OnBoard Festivals where all the OnBoard clubs in a particular area come together for a day of games and fun races giving the children the chance to meet like-minded youngsters from other clubs and test out their new sailing skills.

Becoming an OnBoard club

Maintaining or growing club membership is a challenge faced by most clubs. Providing a strong base for ongoing junior activity in order to generate increased family membership is a tried and tested strategy for growth. OnBoard provides clubs with the opportunity to adopt local schools or youth organisations and run activity to integrate young people into the club.

Clubs and centres interested in becoming OnBoard clubs must be RYA Training Centres. OnBoard clubs will receive access to grants for volunteer development and training, an allocation of Henri-Lloyd clothing for volunteers running OB youth activities and local expert advice on junior activities, club facilities and equipment.

OnBoard Development Officers (ODO)

The OnBoard Development Officers promote the aims of OnBoard within an area. They develop links between schools, community organisations and youth groups to OnBoard clubs to help increase the number of sailing and windsurfing sessions available for kids and young people.

Meet the West Midlands OnBoard Development Officers Birmingham Partnership

Tom Davenport

Phone: 07794 046109

Email: tomdavenport@rya-online.net

Clubs in the partnership:

Youth Afloat, Worcs
Upton Warren Outdoor
Education Centre, Worcs
Birmingham Outdoor
Education Centre
Sutton SC, Sutton
Coldfield

2010 OnBoard Festival

Sunday 12 September at Bartley SC,
Birmingham

South Warwickshire

Jon Sweet

Phone: 07533 206917

Email: jonsweet@northamptonwatersports.com

Clubs in the partnership:

Draycote Water SC
OnBoard Surf & Sail
(Draycote Windsurfing)

2010 OnBoard Festival

Saturday 18 September, Hollowell SC,
Hollowell Reservoir, Northants

Staffordshire & North Warwickshire

Brett Cokayne

Phone: 07800 779302

Email: b_cokayne@hotmail.com

Clubs in the partnership:

Chase SC, Staffs
Manor Park SC, Staffs
Stanley Head OEC, Staffs

2010 OnBoard Festival

Date and location TBA

TEAM15

What is Team15?

Team15 (T15) is a nationwide network of windsurfing clubs where young people aged 15 and under can get together every week to learn new windsurfing skills and have a laugh with their mates. From first timer to relative expert, T15 clubs welcome all levels. There are six registered T15 clubs across the West Midlands and most will run from April/May to end of September/October. One of the most popular elements of T15 is the Inter-club Challenge events where teams of 15 sailors from clubs within each T15 Zone come together for a day of fun and racing. The competition caters for all abilities. The main emphasis of the Inter-club Challenges is who will win the team trophy and qualify for the national final – **the T15 Champions' Cup** – which takes place in October. Information about Team15 can be found at www.team15.org.uk

Becoming a Team15 club

All RYA recognised training centres, windsurfing and sailing clubs are invited to get involved. All that's required is the time, enthusiasm and commitment to provide a weekly Team15 club training session, run by a qualified RYA windsurfing instructor under the supervision of a senior instructor supported by instructors, coaches and volunteers as the club grows

West Midlands Team15 Co-ordinator

The role of the Team15 Co-ordinator is to organise and manage the inter-club challenges within their region.

Ben Hodgson

Mobile: 07976 932073

Email: team15@anchortraining.co.uk

Team15 Clubs in West Midlands:

Bosworth Bullets, Bosworth Sailing Trust, Nuneaton, Warwickshire

Chase Aces, Chase Sailing Club, Walsall

Edgbaston Eagles, Edgbaston Windsurfing Club, Birmingham

Upton Warren Board Force, Upton Warren Outdoor Education Centre, Bromsgrove

Redditch Renegades, Youth Afloat, Redditch

Draycote Water Windsurfing Centre, Rugby

2010 Inter-Club Challenge dates:

Saturday 19 June, Youth Afloat, Bartley Reservoir, Birmingham (TBC)

Saturday 10 July, Draycote Water Windsurf Centre, Warwickshire

Midlands Windsurfing Association

Website: www.midlandswindsurfing.org.uk

Contact: Bob Ingram

Phone: 07889 161780

Email: racing-09@ukwindsurfing.com

UKWA Midland Series (provisional 2010 dates)

The Midland Windsurfing Association (MWA) runs 10 course racing events across the Midlands every year. Seven of the events are one day and the other three are two days, the two day events held in conjunction with the UK Windsurfing Association (UKWA) and results counting towards the UKWA National Inland Series. There are five races per day. All events are held out of well-established sailing clubs and attract some of the best course racers in the UK as well as complete novices. Racing normally starts at 11am with a briefing at 10.30am.

What equipment do I need?

Any board with a daggerboard. The junior 3.5, 4.5 & 5.5 classes are open fleets. Plus Techno 6.8 and 7.8, RS:X 8.5 and 9.5, Raceboard 7.5, 9.5 & unlimited & all Formula classes.

How much do the events cost?

Adult £12. Junior (Under 18) and students £7

UKWA Midland Series (provisional 2010 dates)

1	Hollowell SC	Saturday 20 March
2	Barnt Green SC	Saturday 10 April
3	Northampton SC (Pitsford)	Saturday 17 - Sunday 18 April
4	Bartley SC	TBC
5	Notts County SC	Saturday 5 June
6	Whitwell Sailing Centre	Saturday 12 - Sunday 13 June
7	TBC	TBC
8	Whitwell Sailing Centre	Saturday 16 - Sunday 17 October
9	Carsington Water	Saturday 30 October
10	Chase Water SC	Sunday 7 November

2010 RYA National Junior Windsurfing Championships

Date: 12-13 June

Location: Whitwell, Rutland Water

With National titles at stake and a chance for Team15 sailors to test their mettle for the first time at a championship event the RYA National Junior Windsurfing Championships are always a must for the diary. The event also comprises the annual Rutland Marathon, a race to sail around the perimeter of the lake which can take from 30 minutes to three hours plus to complete depending on conditions. Competitors are encouraged to raise sponsorship for Action For Children and in return receive an event t-shirt.

Class Open Training

The MWA is pleased to work with the Techno and RS:X classes to offer open training at Midlands venues. Open to all, this provides a great opportunity to develop your skills or to try something new, with demo kit also often available.

HONDA RYA YOUTH RIB CHAMPIONSHIP

What is the Honda RYA Youth RIB Championship?

The Honda RYA Youth RIB Championship is a National Championship in young Rigid Inflatable Boat (RIB) rivers demonstrate their skills with the goal of winning a RIB – a 5m Ribcraft or a Honwave T40 - for their club

There are two age-groups - 8-12 years and 13-16 years – and the competition takes the form of a time trial around a set of marks with the fastest time winning.

Regional Honda RYA Youth RIB Championship event organiser

The role of the Honda Youth RIB Challenge coordinator is to promote and help run the regional finals and to support clubs with running their own HYRC training and events.

West Midlands contact: Andy Felthouse

Phone: 07803 179141

Email: andyfelthouse@btinternet.com

How does it work?

Local Heats – any RYA affiliated club, centre or organisation can hold a local heat. They run a competition at their premises, using their own boats, from which they put forward their winners, in one or both of the age categories, to the Regional Final.

Regional Final – there are 15 Regional Finals staged nationwide from which the winners in each age-group go through to the National Final. The 2010 West Midlands Honda RYA Youth RIB Championship Regional Final takes place on **Saturday 29 May** at **Blithfield Sailing Club**, Staffordshire.

National Final - the National Final of the 2010 Honda RYA Youth RIB Championship will be held at the PSP Southampton Boat Show on **Sunday 12 September**.

The winner of the 8-12 age group will win a Honwave T40 RIB with a Honda BF20 engine for their club and the winner of the 13-16 age group will win a 5m Ribcraft RIB with a Honda BF60 engine for theirs.

SAILABILITY

What is Sailability?

Sailability is the RYA's charitable arm enabling people with a disability to experience sailing and sail regularly. There are many places disabled sailors can try sailing in the West Midlands with 12 clubs in the region having a wide range of special facilities and volunteers to help. Many have hoists, launching ramps and specially adapted changing rooms. Some are also RYA Training Centres where sail training is offered. There are also many different types of boat to try, from dinghies to keelboats, while a host of opportunities also exist for disabled sailors wishing to experience offshore cruising.

Sailability Centres of Excellence

Each UK region has a Sailability Centre of Excellence. These are centres which meet a variety of critical criteria, most importantly the club being able to provide sailing to nine or more categories of disability. The selected sites are also recognised training centres and are examples of best practice within disabled sailing. They are vital links for clubs and centres wanting to get involved with disabled sailing to see how things happen in practice.

The West Midlands' Sailability Centre of Excellence is **Rudyard Sailability**, based at Rudyard Lake, near Leek, Staffordshire.

Sailability Regional Organiser

The ROs hold a wide range of information and advice to support clubs, volunteers and sailors. They help promote disabled sailing activities to increase the numbers of disabled sailors and ensure the facilities available throughout their region are utilised as much as possible

West Midlands contact: Martyn Collis

Phone: 07886 675416

Email: collismartyn@aol.com

Sailability clubs in West Midlands

Bartley SC, Birmingham
Birmingham Outdoor Education Centre
Edgbaston Watersports, Birmingham
Midland SC, Birmingham
Rudyard Lake SC, near Leek, Staffs
Upton Warren OEC, Bromsgrove
Walsall Outdoor Pursuits, Walsall
Youth Afloat, Redditch
Barnt Green SC, Birmingham (TBC)
Draycote Water SC, Warwickshire (TBC)
Bodenham Youth Sailing Centre, Hereford (TBC)

Key 2010 Events

RYA Sailability Multi Class Regatta – 13-15
August at Rutland SC
Birmingham Special Sailing Association Regatta,
September at Edgbaston Reservoir (date TBC)

RYA Regional Junior Racing

Since 2000 the RYA has run one of the World's most extensive racing and race training programmes for sailors under 16 with the overall aim to develop sailors of the appropriate age and ability to win medals for Great Britain at major international regattas at Youth and Olympic level. This starts with developing the skills and identifying the talents of youngsters in the regions and culminates with the possibility of selection to the **RYA National Junior Squads** across seven classes – Optimist, Topper, Laser 4.7, Cadet, Mirror, RS Feva and Bic Techno windsurfer. Sailors who feel ready to progress from club training and competition are encouraged to participate within the **Regional Open Training**

Programme, organised and administered by the class associations in partnership with Chris Blackburn, the West Zone HPM. Sailors attending the Regional Open Training identified as being of the right age, ability and potential are then invited to join the **RYA West Zone Squad** where their skills and enthusiasm are nurtured further with selection to the RYA National Junior Squad the goal for the top sailors in each class.

The RYA Volvo Zone Championships

Open to all sailors not yet members of Zone squads. They mark the end of the Junior racing season and are a key event for sailors wishing to be selected for RYA Zone squads. The 2010 RYA Volvo West Zone Championships take place on **25-26 September** at Ullswater SC.

The RYA Eric Twiname Championships

The pinnacle of the racing calendar for the RYA Zone and Home Country squads as the nine squad teams go head-to-head over two days for the prestige of picking up the Eric Twiname Shield and being named top RYA Zone. The 2010 RYA Eric Twiname Championships take place on **8-9 May** at Rutland Sailing Club. Contact Chris Blackburn for more information on Regional Open Training and West Zone squad selection. Or visit www.rya.org.uk/racing for the latest news on squad selection policies and event entry

Racing Coach Courses

A number of courses and resources are available for those keen to get involved in race training whether dinghy keelboat coaching. Visit the www.rya.org.uk/racing to find your nearest course. Contact Chris Blackburn to run a course at your club.

Volvo RYA Champion Club

Launched in 1997, the Volvo RYA Champion Club Programme (VCC) recognises those clubs with a commitment to youth sailing and race coaching. There are currently seven Volvo RYA Champion Clubs in the West Midlands. VCCs are sociable, fun and safe places for youngsters to receive well-organised coaching, advice, expertise and encouragement to support their development and potential progress into regional competition and RYA Zone Squads. Encouraging youngsters and their families into sailing is a sure-fire way to increase membership, raise revenue and sustain a healthy club. Many benefits are available to current VCCs or clubs working towards attaining VCC status including:

- The RYA provides subsidised training for potential RYA Club Racing Coaches with these coaches, once qualified, contracted to run top quality coaching at VCCs • Grants and training for club volunteers to gain additional qualifications
- VCC Coaching Resource pack comprising a wealth of print and multimedia best practice tips
- Assistance and advice in compiling and implementing club development plans For more information about how your club could benefit from becoming a VCC or information on accessing RYA Club and Coach funding visit www.rya.org.uk/vcc or contact Chris Blackburn (West Zone HPM).